ABSTRACT OF THE DISCLOSURE

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An improved bra cup padding structure comprises essentially a finished bra cup padding and a layer of self-adhesive flexible silicone gel film coated over the inner surface or the exterior surface of said finished bra cup padding, thereby imparting said bra cup padding an adhesiveness such that said improved bra cup padding can stick securely against the female breast or the bra and hence can give the female breast an firm and ample appearance without displacement due to the continual movement of the female chest, and further highlights the bosomy and natural curve of the female chest to the extent that, when viewing either from lateral side or front sight, a naturally, lively and attractively curvaceous beauty is presented. Furthermore, since said self-adhesive flexible silicone gel film is produced through unsaturated cross-linking a silicone gel, once upon sticking on the skin or the clothing, or folding on each other, said film can be peeled away and reused readily without damaging the object being stuck or the film itself.